

CRIME: SLAIN WHILE HUNTING HER SISTER-IN-LAW'S KILLER

Who

Nov. 15, 2021

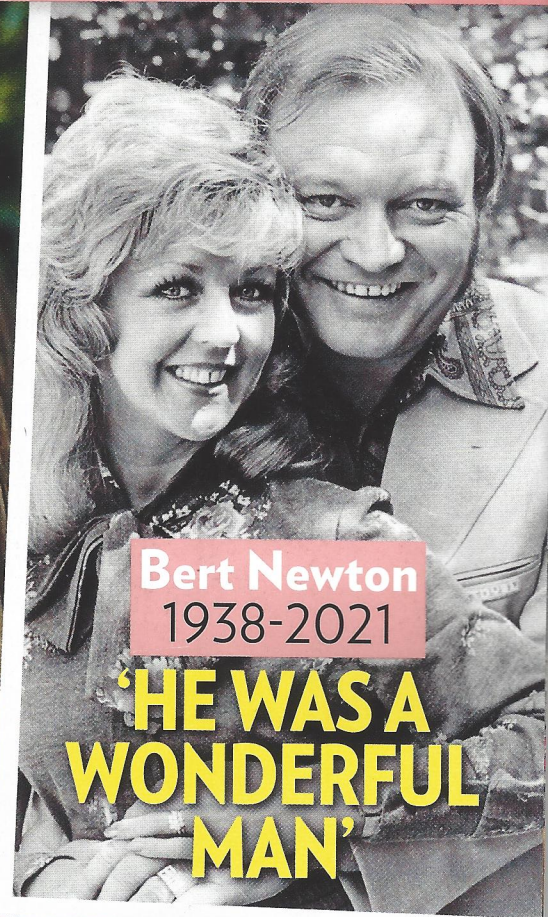
Shopping
for
clothes!



Margot Robbie

'I'M HAVING A BABY!'

The Aussie actress and
her husband have some
exciting news to share!



Bert Newton
1938-2021

**'HE WAS A
WONDERFUL
MAN'**



Gwyneth Paltrow

**BEDROOM
CONFESSIONS!**



Gigi & Zayn

**WHAT REALLY
HAPPENED?**

AUST \$5.50 (inc GST) NZ \$5.50 (inc GST)

are
media



44

"I am so proud to be the 2021 McHappy Day ambassador," says Longoria.

The gift

GIVE VOLUNTEERING A TRY

If you've been thinking of volunteering, now could be the time. Not only does donating your time help others, it's also a great way to re-engage with the community. After all that's happened since the pandemic began, Jenny Brain, communications manager of Volunteering Australia, says there are more places in need than ever.

"During the COVID-19 pandemic volunteer rates have substantially decreased, while the demand in the community for services, often relying on volunteers, has increased," she explains.

Not only is there a feel-good factor in helping others, there's an added bonus: it's also good for you!

"Volunteering can boost confidence, connect people to career paths that they may not have previously considered, provide new experiences and ... potential pathways to employment," Brain says.

No matter where your passions and skills lie, there's bound to be something that suits you. And with virtual volunteering on the rise, there are also ways that you can contribute from home.

"Volunteers are needed across all areas of society including the arts, education, emergency services, sports, environment, health, aged care and disability, community welfare and other vital community programs," Brain says. "Anyone interested can visit Volunteering Australia's national database of opportunities at govolunteer.com.au or visit their state or territory volunteering peak body to connect with a local Volunteering Support Service to find a suitable opportunity."

RAISE A SMILE

McHappy Day is on November 13, and it's the perfect time to lend your support to kids in need. Now in its 30th year, McHappy Day raises funds for Ronald McDonald House Charities (RMHC), which helps seriously ill and injured children and their families stay together, along with providing support programs, while they receive treatment or surgery in hospital.

EVA LONGORIA



RMHC helped Willow's family cope while she underwent cancer treatment in 2020.

OF GIVING

There has never been a better time to support your community – and it makes you feel great, too!



"Family is everything and I've seen firsthand what a strong support system can do," says Eva Longoria, actress, devoted mum and 2021 McHappy Day ambassador.

"This fundraiser by McDonald's is vital to help keep families together while their children are seriously ill and undergoing treatment and also provide the infrastructure they need to be supported during such unimaginable circumstances."

You can support this year's McHappy Day fundraiser by buying a pair of Silly Socks (\$5) or Helping Hands (\$2, \$10 or \$50) from your nearest McDonald's restaurant or through McDelivery.

You can also make a donation at rmhc.org.au or enjoy a McDonald's meal on Saturday, November 13, when \$2 from every Big Mac sold goes directly to RMHC.

FINDING THE WARRIOR WITHIN

Each year thousands of young Australians leave foster care at 18 but within a year, half are homeless, unemployed, in jail or a new parent. The Warrior Woman Foundation supports young women leaving foster care with mentorship, mental health support and life skills such as job readiness and financial literacy. "Transitioning into adulthood is daunting for all of us, even with all the support of family and friends," says WWF founder Jessica Brown. "Our Warrior Woman programs give these young women the necessary skills, education and support they need." To donate or learn about becoming a mentor, visit warriorwoman.org.au

SHOP WITH PURPOSE

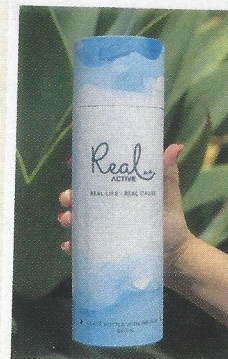
Get behind these businesses that are giving back

REAL ACTIVE

With a goal for creating a healthier and happier community, fitness brand Real Active donates 10 per cent of profits to charity partners. This includes youth mental health charity Batyr and The Yoga Foundation.

\$44.95

Real Active Glass Drink Bottle With Infuser 650ml
realactive.com.au



BUSH TUCKER BLENDS

Ingredients for these all natural supplements are sourced from Indigenous-owned companies where possible, with 10 per cent of profits from sales going to the Anangu Ngangkari Tjutaku Aboriginal Corporation (ANTAC).



\$59.99

Bush Tucker Blends You Beauty
bushuckerblends.com

T.HOUSE

T.House offers gorgeous homewares while serving as an online platform for charities. The Ginger Leaf Room & Linen spray sees 100 per cent of profits go to the RCD Foundation to eliminate paediatric brain cancer.



\$49

T. House Ginger Leaf Room & Linen Spray
thouse.com.au



WONDER WHITE

Wonder White is on a mission to reduce landfill, with more than 1000 schools registering in the Wonder Recycling Rewards program in 2021. This resulted in 400,000 kids and their families collecting bread bags that will be used to create new play spaces and equipment for children. Visit wonder.com.au.